



INCLUSION IRELAND

Guide to Advocacy



Advocacy



What Advocacy means to you!

Your Advocacy Guide



**This guide is about
Inclusion Ireland and
advocacy**



INCLUSION IRELAND

**This guide explains
who Inclusion Ireland
is and what we do**



**This guide explains
advocacy and the role
of an advocate**



**This guide is free of
charge**

Inclusion Ireland



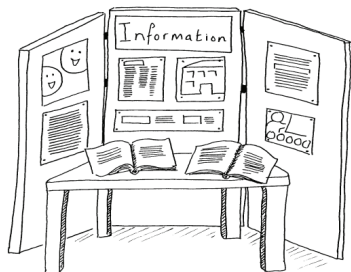
Inclusion Ireland is the national organisation for people with an intellectual disability



We keep issues about people with intellectual disabilities in the news



We try and get the Government, service providers and others to listen to people with a disability



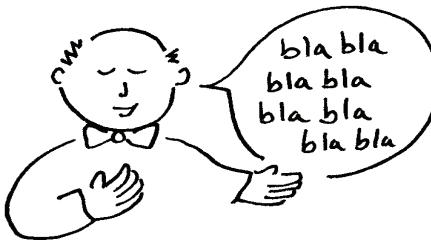
We provide information to people with an intellectual disability

Advocacy



Advocacy is about saying what you want

Advocacy is not about getting what you want



Self advocacy is when you speak up for yourself

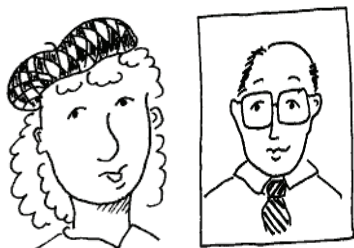


You can also speak up as part of a group



Its ok to get support to speak up

The Advocate



An advocate is someone that is trained to support you to have your voice heard



An advocate listens to what you have to say

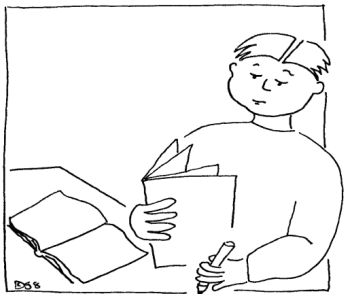


An advocate explains things to you in a way that you can understand

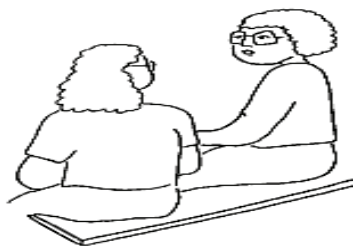


An advocate gives you time to think about things before you make a decision

The Advocate



An advocate is always independent of care staff or service providers



An advocate is for you and will remain loyal to you



An advocate will always keep things about you private



An advocate will always treat you with respect

How Advocacy works



An advocate will meet with you and explain their role



An advocate will take notes when they speak with you

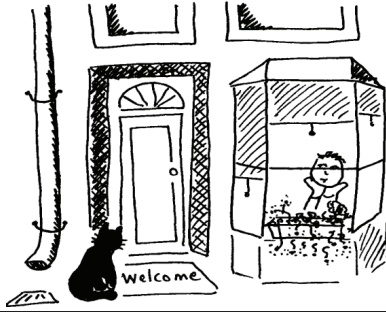


An advocate will make calls and attend meetings with you or for you



An advocate will keep you updated about what's happening

Examples of advocacy issues



An advocate can help you to talk about your views and wishes about where you live



An advocate can help you to talk if you are getting bullied or treated badly



An advocate can help if you have questions or concerns about money



An advocate can help you to understand your rights

Things an advocate won't do



Your advocate will never make decisions for you



Your advocate will never treat you in a way that would make you worried or afraid

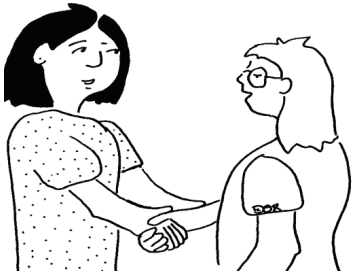


Your advocate will never accept money from you

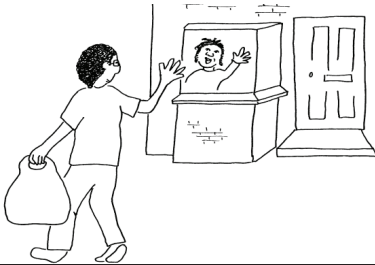


Your advocate won't refuse to speak with you – but might not always be available.

When does advocacy end?



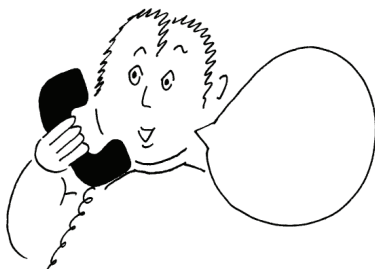
You and your advocate will agree when the case is finished



You and your advocate will then say goodbye

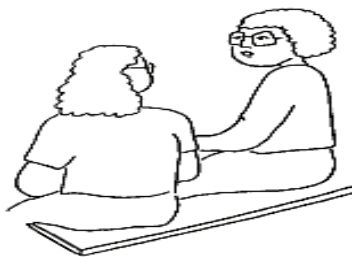


Your advocate will then take on another client



If you need an advocate in the future you just contact us

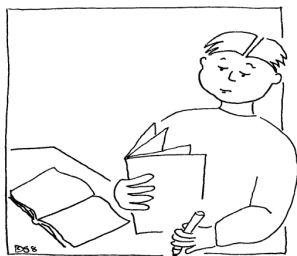
Things to remember



An advocate works just for you



An advocate will always explain things to you

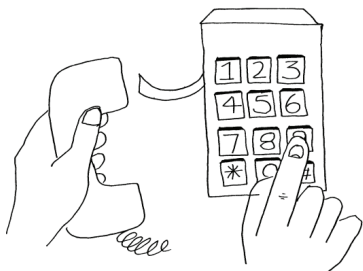


You always make your own decisions



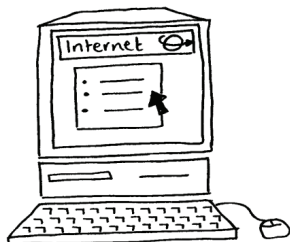
Advocacy is about saying what you want

Inclusion Ireland Advocates



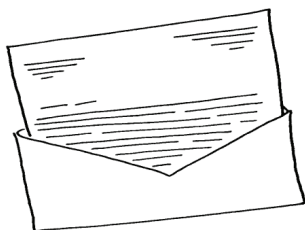
You can call us or ask a friend, or someone else to call us

01 8559891

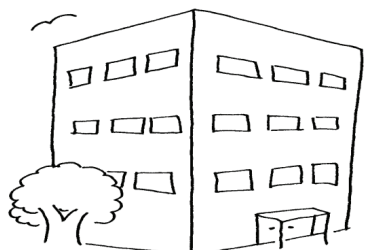


You can send an email to:

info@inclusionireland.ie



You can send us a letter



You can make an appointment to see us

If you have a complaint



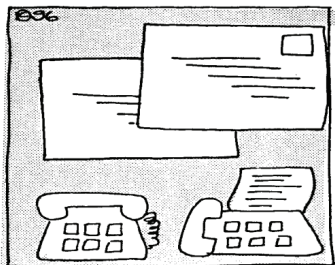
If you are unhappy with our advocacy service you can make a complaint



You can tell the advocate or the people in charge at Inclusion Ireland



You can ask a friend or someone else to help you make the complaint



You can do this over the phone or in writing



Self Advocacy ... learning all our lives!



INCLUSION IRELAND



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