

How to Support an Adult with an Intellectual Disability to Complete the Survey: A Guide for Family Members and Supporters

What is this survey about?

Inclusion Ireland is asking adults (aged over 18 years) with an intellectual disability to take part in a short survey. The aim is to understand what matters most to them, things like housing, health and education services, transport, work, and money.

This survey is the second of three we are asking members of our community to fill out. The other two are for families and carers with children with intellectual disabilities and families and carers supporting adults with intellectual disabilities.

We will use the answers to inform our Pre-Budget Submission for 2026 and to tell the Government what needs to change to create a more inclusive Ireland.

What does the survey ask?

The survey includes 8 questions (Question 6 is optional). It includes visuals to help explain questions and choices to people answering it.

It asks about:

- The biggest issues affecting people's lives (e.g., getting a job, finding appropriate housing, getting around, etc.)
- Whether people with intellectual disabilities feel the Government listens to them
- What changes would make life better for people with intellectual disabilities
- Whether current social welfare supports are enough
- How easy or hard it is to apply for support

It should take about 5 minutes to complete. It can be filled in online [using the link provided](#).

How can I support someone to take part?

We want the person to be as involved as possible in answering the questions.

Some people may complete the survey on their own. Others may need help with reading, typing, or understanding the questions.

You can support by:

- Reading each question aloud, if needed
- Explaining what the question means using everyday language
- Offering examples, if that helps understanding
- Letting the person choose their own answers (even if they're different from yours)
- Respecting the person's right not to answer a question

All answers are anonymous. The survey does not ask for names or contact details. The results will be grouped together in our submission. We will publish the findings on our website and will share them with the Government to help improve services.

Helpful tips for supporters

Take your time — there's no need to rush.

Make sure the person understands each question before moving on.

Use clear, plain language.

Be patient. It's okay to take breaks if needed.

Remember: Question 6 is optional — it's fine to skip if the person doesn't want to answer it.

Final note


The voices of people with intellectual disabilities matter. Their lived experience helps shape better policies and services for everyone.

This survey is one way to make those voices heard, and your support can help make that happen.

Thank you for helping someone take part.

Scan and share the
QR code to see the
survey!

Need support or have questions?

 **Telephone:** +353 (0)1 855 9891

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