Easy to Read Guide Covid 19/Coronavirus

Covid 19/Coronavirus is a new virus.

It can affect your lungs and airways.

There are currently several cases in Ireland.

What are the Symptoms of Covid 19/Coronavirus?

- A cough
- Shortness of Breath
- Fever

If you have these symptoms you may want to phone your G.P.

How is the Virus spread?

- Close contact with someone who has the virus and is coughing and sneezing.
- Touching surfaces that someone who has the virus has coughed and sneezed on.
How can I protect myself from Covid 19/Coronavirus?

- Wash hands properly and often
- Use an Anti-Bacterial Gel

- Cough into your elbow
- Sneeze into your elbow

If you have been in contact with someone who has the Virus, or showing symptoms, do not attend your G.P’s office/hospital but phone them immediately.

The HSE and the World Health Organisation have updates on their website.