

The Mental Health Commission (MHC) is an independent body.



They work to make sure the laws about mental health and assisted decision-making are followed.

They put together a plan for the next 4 years.

The plan has 5 objectives or goals:



1. To make sure that a person's human rights are promoted.
2. To make sure that the laws around mental health and assisted decision-making work well.
3. To make sure that people know what the MHC does and are confident in it.
4. To make sure that the MHC can change the way it works if there are changes in society.
5. To make sure that the MHC is well run and inclusive.

The plan was launched in Dublin on 21/02/19 and there was some very important information:



Rosemary Smyth who is a Director at the MHC said that they would work to make sure that everybody knew who the MHC was and would work on their information to make it easier to understand and read.



Rights

Aine Flynn who is the Director of the Decision Support Service said that it was important that people saw human rights as being practical.

John Farrelly, who is CEO of the MHC said that while there were changes needed, the MHC wanted to work with people who were doing a good job.



The MHC announced that the Decision Support Service and the roll out of the Assisted Decision-Making (Capacity) Act was on schedule.