



## Easy to Read Information

### Joint Oireachtas Education Committee Report on Relationships and Sexuality Education.



The Joint Oireachtas Education Committee launched a Report on Relationships and Sexuality Education on the 29<sup>th</sup> January 2019.



The Education Committee is made up of Irish politicians who work together to make changes to education in Ireland.



The Relationships and Sexuality Report is about how children and young adults learn about relationships and sexuality in school.



Inclusion Ireland presented information to the Education Committee last year to tell them some important things about relationships and sexuality education and people with intellectual disabilities.



Many people with intellectual disabilities have not had good relationships and sexuality education because the education system viewed people with intellectual disabilities like children in the past.



The report recommends that people with intellectual disabilities need a new education programme about relationships and sexuality.



This new programme needs to be accessible so that many people can understand it.



The new programme needs to be given at the right age so that people have the information they need.



The new programme needs to be made quickly

The new programme needs to be available to:

- Young people in school
- Young people leaving school
- Adults who missed out on relationships and sexuality education when they were in school.



The new programme needs to include information about sexuality and what that means.



The new programme must also include information about contraception, which helps a woman not to become pregnant.



The report also explains that people with intellectual disabilities have a high risk of getting sexually transmitted infections (STI's).



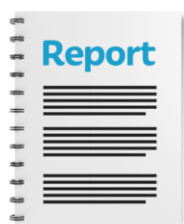
Good information and education will help people to know how to stop infections.



People with intellectual disabilities experience more violence and sexual violence like rape and assault than people without disabilities.

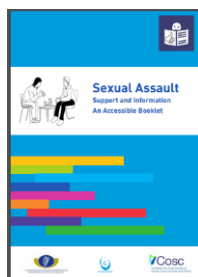


Good information and relationships and sexuality education will support people with intellectual disabilities to protect themselves from sexual violence.



You can read the full Education Committee Report [here](#)

For more information you can contact Inclusion Ireland on 01 8559891 or visit our website at [www.inclusionireland.ie](http://www.inclusionireland.ie)



You can read an easy to read information booklet on sexual assault [here](#).