

# *Award winning poetry from our finest poets*

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INCLUSION IRELAND

National Association for People with an Intellectual Disability

CELEBRATING 50 YEARS

## **My Cooking Class**

*Andy Connors*

**Cooking on gas, part of a class  
Working as one, having huge fun  
Oil the pan, start the fan  
Food going pop, making me hop.**

**Sausages on fry, smoke billows high  
Fire alarm beeps, staff member leaps  
Windows flung open, latch nearly broken  
Meat now black, to rubbish sack.**

**Begin once more, crossing the floor  
Help from a mate, dinner's late  
Food in the pot, water boiling hot  
Ready to dish, we having fish.**

**Tasters our name, cooking the game  
Food is delicious, all of the dishes  
Tasty and yummy, now in our tummy  
Friends and me, time for tea!**

