

Award winning poetry from our finest poets

1961 2011



INCLUSION IRELAND
National Association for People with an Intellectual Disability
CELEBRATING 50 YEARS

Man

Bernard Deering

(Adapted from A poem by William Blake)

**Cruelty has a cat's heart
that plays with rats.
Jealousy is a woman.
Strong, posh and dangerous.
Terror is a cat's crawl.
Claws, eyes on my shoulder.
Secrecy is an old man
guarding his own business.
Man is broken in two.
He is happy and sad.
His human face is a burning sun,
but the human heart is broken.**

Man

Cruelty has a Cats heart
That plays with rats
Jealousy is a woman
Strong posh and dangerous
Terror is a Cats Crawl
Claws, eyes on my shoulder
Secrecy is an old man
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Man is broken in two
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BD