

Award winning poetry from our finest poets

1961 2011



INCLUSION IRELAND
National Association for People with an Intellectual Disability
CELEBRATING 50 YEARS

Include Me

John Power

To be part of a community

Means I have loads of opportunities

I like to be valued and wanted

Not to be tormented and taunted

I like to help others out

I don't like when teenagers shout

Calling names and won't let me be

Don't discriminate against me

What goes around comes around you'll see

You never know one day you might need me

